

Joshua J. Knabb, PsyD, ABPP

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EDUCATION

2005-2010	Azusa Pacific University (APA Accredited) <ul style="list-style-type: none">▪ PsyD, Clinical Psychology	Azusa, CA
2005-2007	Azusa Pacific University <ul style="list-style-type: none">▪ MA, Clinical Psychology	Azusa, CA
2003-2005	University of Redlands <ul style="list-style-type: none">▪ BS, Business and Management	Redlands, CA
2000-2003	Riverside Community College <ul style="list-style-type: none">▪ AA, General Studies	Riverside, CA
2000-2003	Riverside Community College <ul style="list-style-type: none">▪ AS, General Studies	Riverside, CA

BOARD CERTIFICATION

2014-Present	American Board of Professional Psychology (ABPP) <ul style="list-style-type: none">▪ Board Certified in Clinical Psychology	Chapel Hill, NC
2015-Present	American Academy of Clinical Psychology (AACP) <ul style="list-style-type: none">▪ Fellow of the American Academy of Clinical Psychology	Tampa, FL

LICENSURE

2011-Present	Licensed Psychologist <ul style="list-style-type: none">▪ CA License Number PSY24736
2011-2013	Licensed Psychologist <ul style="list-style-type: none">▪ PA License Number PS017025

ACADEMIC EXPERIENCE

2016-Present	California Baptist University College of Behavioral and Social Sciences <i>Director, Doctor of Psychology (PsyD) in Clinical Psychology</i> <i>Associate Professor of Psychology (Tenured)</i> <ul style="list-style-type: none">▪ Developed traditional doctoral program▪ Conducted original research▪ Served on administrative committees▪ Assisted Academic Dean in recruiting, hiring, developing, and leading faculty▪ Assisted in marketing PsyD program	Riverside, CA
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	<ul style="list-style-type: none"> ▪ Submitted annual PsyD budget to Academic Dean ▪ Developed and maintained e-portfolio system for PsyD program ▪ Led monthly meeting for PsyD core faculty ▪ Submitted application for “Intent to Apply” status to the American Psychological Association’s (APA) Commission on Accreditation (CoA) 	
2016-2017	<p>California Baptist University School of Behavioral Sciences <i>Interim Co-Director, Master of Science in Counseling Psychology (MSCP)</i> <i>Associate Professor of Psychology</i></p> <ul style="list-style-type: none"> ▪ Co-directed master’s program ▪ Conducted original research ▪ Served on administrative committees 	Riverside, CA
2011-2016	<p>California Baptist University Online and Professional Studies Division <i>Chair, Behavioral Sciences</i> <i>Director, Master of Science in Counseling Psychology (MSCP)</i> <i>Lead Faculty for Psychology</i> <i>Assistant Professor of Psychology</i></p> <ul style="list-style-type: none"> ▪ Developed hybrid/online Bachelor of Arts in Psychology (BAP) and Master of Science in Counseling Psychology (MSCP) programs for working adults ▪ Developed and taught undergraduate and graduate psychology courses ▪ Conducted original research ▪ Served on administrative committees ▪ Assisted Academic Dean in recruiting, hiring, developing, and annually reviewing faculty ▪ Assisted in marketing BAP and MSCP programs ▪ Submitted annual department budget to Academic Dean 	Riverside, CA
2007-2008	<p>Azusa Pacific University Department of Graduate Psychology <i>Teaching Assistant</i></p>	Azusa, CA

- Assisted professors in teaching graduate psychology courses, including projective assessment, personality assessment, and advanced therapeutic skills
- Supervisors: David Brokaw, PhD, ABPP, Sheryn Scott, PhD, Barbara Janetzke, PhD

OTHER ACADEMIC EXPERIENCE

2020-Present	Journal of Psychology and Christianity <i>Editor</i>	Batavia, IL
2020	Journal of Psychology and Christianity <i>Guest Editor</i>	Batavia, IL
2019-2020	American Psychological Association <i>Division 36 Program Chair</i>	Washington, DC
2018	American Psychological Association <i>Ad Hoc Reviewer</i>	Washington, DC
2018-2020	Journal of Psychology and Christianity <i>Ad Hoc Reviewer</i>	Batavia, IL
2017-Present	Journal of Psychology and Theology <i>Editorial Board</i>	La Mirada, CA
2016-Present	Routledge <i>Ad Hoc Reviewer</i>	New York, NY
2013-Present	Mental Health, Religion & Culture <i>Ad Hoc Reviewer</i>	United Kingdom
2016-Present	Psychology of Religion and Spirituality <i>Ad Hoc Reviewer</i>	Washington, DC
2016	The International Journal for the Psychology of Religion <i>Ad Hoc Reviewer</i>	New York, NY
2016	Families, Systems, & Health <i>Ad Hoc Reviewer</i>	Washington, DC

- Reviewer for psychology journal

CLINICAL EXPERIENCE

2016-2017	The Grove Corner Counseling Center <i>Licensed Psychologist</i>	Riverside, CA
	<ul style="list-style-type: none"> ▪ Worked with outpatient adults with psychotic disorders, mood disorders, anxiety disorders, personality disorders, adjustment disorders, and dual diagnoses ▪ Conducted individual, couples, family, and group therapy sessions 	
2011-2016	Private Practice <i>Licensed Psychologist</i>	Riverside, CA
	<ul style="list-style-type: none"> ▪ Worked with outpatient adults with psychotic disorders, mood disorders, anxiety disorders, personality disorders, adjustment disorders, and dual diagnoses ▪ Conducted individual, couples, family, and group therapy sessions 	
2011-2013	Sandals Church <i>Marital Program Facilitator</i>	Riverside, CA
	<ul style="list-style-type: none"> ▪ Facilitated eight-week <i>Hold Me Tight</i> classes in a church setting that integrated emotionally focused couples therapy (EFT) with the Christian faith for distressed Christian couples ▪ Facilitated eight-week <i>Making Marriage Work</i> classes in a church setting that integrated the marital research of Dr. John Gottman with the Christian Faith for distressed Christian couples 	
2011	Philhaven Hospital <i>Licensed Psychologist</i>	Mount Gretna, PA
	<ul style="list-style-type: none"> ▪ Worked with inpatient, day hospital, and outpatient children, adolescents, and adults with psychotic disorders, mood disorders, anxiety disorders, personality disorders, and dual diagnoses ▪ Conducted individual, couples, family, and group therapy sessions ▪ Conducted intake interviews ▪ Served on administrative committees ▪ Conducted original research 	

- Administered, scored, and interpreted comprehensive psychological assessment batteries measuring the functioning of adults and prepared comprehensive reports

SUPERVISED CLINICAL EXPERIENCE

2010-2011	Philhaven Hospital <i>Post-Doctoral Psychology Resident</i>	Mount Gretna, PA
	<ul style="list-style-type: none"> ▪ Worked with inpatient, day hospital, and outpatient children, adolescents, and adults with psychotic disorders, mood disorders, anxiety disorders, personality disorders, and dual diagnoses ▪ Conducted individual, couples, family, and group therapy sessions ▪ Conducted intake interviews ▪ Served on administrative committees ▪ Conducted original research ▪ Administered, scored, and interpreted comprehensive psychological assessment batteries measuring the functioning of adults and prepared comprehensive reports ▪ Supervisors: Melanie Baer, PsyD, Ronald Vogt, MDiv, PhD 	
2009-2010	Philhaven Hospital (APA Accredited) <i>Pre-Doctoral Psychology Intern</i>	Mount Gretna, PA
	<ul style="list-style-type: none"> ▪ Worked with inpatient, day hospital, and outpatient children, adolescents, and adults with psychotic disorders, mood disorders, anxiety disorders, personality disorders, and dual diagnoses ▪ Conducted individual, couples, family, and group therapy sessions ▪ Conducted intake interviews ▪ Conducted original research ▪ Administered, scored, and interpreted comprehensive psychological assessment batteries measuring the functioning of adults and prepared comprehensive reports ▪ Supervisor: Melanie Baer, PsyD 	
2008-2009	Salvation Army Westwood Transitional Village <i>Psychology Trainee</i>	Westwood, CA

- Worked with formerly homeless children, adolescents, and adults with psychotic disorders, mood disorders, anxiety disorders, personality disorders, and dual diagnoses
 - Conducted individual, couples, and family sessions
 - Conducted intake interviews
 - Supervisor: David Brokaw, PhD, ABPP
- 2008-2009 LAC + USC Medical Center Los Angeles, CA
Psychology Trainee
- Worked with inpatient and outpatient adults with psychotic disorders, mood disorders, anxiety disorders, personality disorders, and dual diagnoses
 - Conducted intake interviews
 - Administered, scored, and interpreted comprehensive psychological assessment batteries measuring the functioning of adults and prepared comprehensive reports
 - Supervisor: Elaine Eaton, PhD
- 2007-2008 Aurora Charter Oak Hospital Covina, CA
Psychology Trainee
- Worked with inpatient and day hospital adolescents and adults with psychotic disorders, mood disorders, anxiety disorders, personality disorders, and dual diagnoses
 - Conducted individual, couples, family, and group therapy sessions
 - Conducted intake interviews
 - Administered, scored, and interpreted comprehensive psychological assessment batteries measuring the functioning of inpatient and outpatient adults and prepared comprehensive reports
 - Supervisor: Phillip Snyder, PhD
- 2006-2008 Child and Family Development Center Azusa, CA
Psychology Trainee
- Worked with adolescents with adjustment disorders at middle school site
 - Worked with children, adolescents, and adults with adjustment disorders at community mental health center

- Conducted individual, couples, and family therapy sessions
- Conducted intake interviews
- Administered, scored, and interpreted comprehensive psychological assessment batteries measuring the functioning of children and adolescents and prepared comprehensive reports
- Supervisors: Peggy Jones, LMFT, David Brokaw, PhD, ABPP

PEER-REVIEWED BOOKS/BOOK CHAPTERS

Knabb, J. (in press). *Christian meditation in clinical practice: A four-step model and workbook for therapists and clients*. InterVarsity Press.

Sisemore, T., & **Knabb, J.** (Eds.). (2020). *The psychology of world religions and spiritualities: An indigenous perspective*. Templeton Press.

Knabb, J., Johnson, E., Bates, T., & Sisemore, T. (2019). *Christian psychotherapy in context: Theoretical and empirical explorations in faith-based mental health*. Routledge.

Knabb, J. (2018). *The compassion-based workbook for Christian clients: Finding freedom from shame and negative self-judgments*. Routledge.

Knabb, J., & Frederick, T. (2017). *Contemplative prayer for Christians with chronic worry: An eight-week program*. Routledge.

Knabb, J. (2016). *Acceptance and commitment therapy for Christian clients: A faith-based workbook*. Routledge.

Knabb, J. (2016). *Faith-based ACT for Christian clients: An integrative treatment approach*. Routledge.

Knabb, J., & Meador, K. (2016). A theological lens for integrating ACT with conceptions of health, healing, and human flourishing. In J. Nieuwsma, R. Walser, & S. Hayes (Eds.), *ACT for clergy and pastoral counselors: Using acceptance and commitment therapy to bridge psychological and spiritual care*. New Harbinger Publications, Inc.

SELECTED PEER-REVIEWED JOURNAL ARTICLES

Knabb, J., Vazquez, V., Pate, R., Garzon, F., Wang, K., Edison-Riley, D., Slick, A., Smith, R., & Weber, S. (2021). Christian meditation for trauma-based rumination: A two-part study examining the effects of an internet-based four-week program. *Spirituality in Clinical Practice*. Advance online publication.

Knabb, J., & Wang, K. (2021). The Communion with God Scale: Shifting from an *etic* to *emic* perspective to assess fellowshiping with the Triune God. *Psychology of Religion and Spirituality, 13*, 67-80.

Knabb, J., Vazquez, V., & Wang, K. (2020). The Christian Contentment Scale: An *emic* measure for assessing inner satisfaction within the Christian tradition. *Journal of Psychology and Theology*. Advance online publication.

Knabb, J., Pate, R., Sullivan, S., Salley, E., Miller, A., & Boyer, W. (2020). “Walking with God”: Developing and pilot testing a manualized four-week program combining Christian meditation and light-to-moderate physical activity for daily stress. *Mental Health, Religion & Culture, 23*, 756-776.

Knabb, J., Johnson, E., & Garzon, F. (2020). Introduction to the special issue: Meditation, prayer, and contemplation in the Christian tradition: Towards the operationalization and clinical application of Christian practices in psychotherapy and counseling. *Journal of Psychology and Christianity, 39*, 5-11.

Knabb, J., & Bates, M. (2020). “Holy desire” within the “Cloud of Unknowing”: The psychological contributions of medieval apophatic contemplation to Christian mental health in the 21st century. *Journal of Psychology and Christianity, 39*, 24-39.

Johnson, E., **Knabb, J., & Garzon, F.** (2020). Conclusion to the special issue: Formalizing Christian indigenous practices for evidence-based research. *Journal of Psychology and Christianity, 39*, 75-85.

Knabb, J., Vazquez, V., Garzon, F., Ford, K., Wang, K., Conner, K., Warren, S., & Weston, D. (2020). Christian meditation for repetitive negative thinking: A multi-site randomized trial examining the effects of a four-week preventative program. *Spirituality in Clinical Practice, 7*, 34-50.

Knabb, J., Vazquez, V., & Pate, R. (2019). ‘Set your minds on things above’: Shifting from trauma-based ruminations to ruminating on God. *Mental Health, Religion & Culture, 22*, 384-399.

Knabb, J., Vazquez, V., Wang, K., & Bates, T. (2018). ‘Unknowing’ in the 21st century: Humble detachment for Christians with repetitive negative thinking. *Spirituality in Clinical Practice, 5*, 170-187.

Knabb, J., & Vazquez, V. (2018). A randomized controlled trial of a two-week Internet-based contemplative prayer program for Christians with daily stress. *Spirituality in Clinical Practice, 5*, 37-53.

Knabb, J., Frederick, T., & Cumming, G. (2017). Surrendering to God’s providence: A three-part study on providence-focused therapy for recurrent worry (PFT-RW). *Psychology of Religion and Spirituality, 9*, 180-196.

- Knabb, J., & Pelletier, J.** (2014). 'A cord of three strands is not easily broken': An empirical investigation of attachment-based small group functioning in the Christian church. *Journal of Psychology and Theology, 42*, 343-358.
- Knabb, J.** (2014). A preliminary investigation of the relationship between religion and marital adjustment among Christian adults from a conservative denomination. *Journal of Psychology and Christianity, 33*, 263-276.
- Knabb, J., Pelletier, J., & Grigorian-Routon, A.** (2014). Towards a psychological understanding of servanthood: An empirical investigation of the relationship between orthodox beliefs, experiential avoidance, and self-sacrificial behaviors among Christians at a religiously-affiliated university. *Journal of Psychology and Theology, 42*, 269-283.
- Knabb, J., & Grigorian-Routon, A.** (2014). The role of experiential avoidance in the relationship between faith maturity, religious coping, and psychological adjustment among Christian university students. *Mental Health, Religion & Culture, 17*, 458-469.
- Knabb, J., & Pelletier, J.** (2014). The relationship between problematic Internet use, psychological functioning, and God attachment among adults at a Christian university. *Mental Health, Religion & Culture, 17*, 239-251.
- Knabb, J., & Emerson, M.** (2013). 'I will be your God and you will be my people': Attachment theory and the grand narrative of scripture. *Pastoral Psychology, 62*, 827-841.
- Knabb, J., & Pelletier, J.** (2013). The effects of parental divorce on God image among young adults at a Christian university. *Marriage & Family Review, 49*, 231-250.
- Knabb, J., Welsh, R., & Alexander, P.** (2012). Towards an integrated view of the necessity of human interdependence: Perspectives from theology, philosophy, and psychology. *Journal of Spirituality in Mental Health, 14*, 166-180.
- Knabb, J., Vogt, R., Gibbel, M., & Brickley, D.** (2012). An empirical investigation of the relationship between clinical personality patterns and marital functioning. *Couple and Family Psychology: Research and Practice, 1*, 66-77.
- Knabb, J., & Vogt, R.** (2011). The relationship between personality and marital adjustment among distressed married couples seen in intensive marital therapy: An actor-partner interdependence model analysis. *Contemporary Family Therapy, 33*, 417-440.
- Knabb, J., Vogt, R., & Newgren, K.** (2011). MMPI-2 characteristics of the Old Order Amish: A comparison of clinical, nonclinical, and United States normative samples. *Psychological Assessment, 23*, 865-875.

Knabb, J., & Vogt, R. (2011). Assessing Old Order Amish outpatients with the MCMI-III. *Journal of Personality Assessment, 93*, 290-299.

Knabb, J., Vogt, R., Brickley, D., & Newgren, K. (2011). Personality typologies for conservative Christians in intensive marital therapy. *Marriage & Family Review, 47*, 23-44.

Knabb, J., Brokaw, D., Reimer, K., & Welsh, R. (2009). Retrospective meaning-making in adulthood: A qualitative study of conservative Protestant adults who experienced parental divorce as adolescents. *Journal of Psychology and Christianity, 28*, 44-56.

MANUSCRIPTS UNDER REVIEW/IN PREPARATION

Knabb, J., Wang, K., Lewis Hall, M., & Vazquez, V. (2021). *The Christian Worldview Scale: An emic measure for assessing a comprehensive view of life within the Christian tradition*. Manuscript submitted for publication.

Knabb, J., Vazquez, V., Pate, R., & Wang, K. (2021). *The Christian Gratitude Scale: An emic approach to measuring thankfulness in every season of life*. Manuscript submitted for publication.

Knabb, J., Boyd, H., & Duvall, K. (2021). *“God with us”: The relationship between transdiagnostic processes, God attachment, and symptoms of psychopathology among Protestant adults*. Manuscript submitted for publication.

SELECTED PROFESSIONAL PRESENTATIONS

Knabb, J. (2021, March). *Christian meditation in psychotherapy: A four-step model for targeting transdiagnostic mental processes* [Conference presentation]. Christian Association for Psychological Studies (CAPS) Annual Conference (Virtual).

Knabb, J., Vazquez, V., Pate, R., & Wang, K. (2021, March). *An emic approach to gratitude to God: Toward a Christian understanding of thankfulness in all seasons* [Conference presentation]. Christian Association for Psychological Studies (CAPS) Annual Conference (Virtual).

Knabb, J., & Johnson, E. (2020, September). *Mindfulness or Christian meditative practices: A Christian worldview assessment* [Conference presentation]. American Association of Christian Counselors (AACC) National Conference (Virtual).

Knabb, J. (2020, August). Christian meditation as an alternative to Buddhist mindfulness: A call for increased diversity. In E. Johnson (Chair), *In pursuit of a more universal psychology of religion* [Symposium presentation]. American Psychological Association (APA) 2020 Convention (Virtual).

Knabb, J. (2020, August). Walking home with God: A proposal for an indigenous Christian psychology. In T. Sisemore (Chair), *The psychology of world religions and spiritualities: An indigenous perspective* [Symposium presentation]. American Psychological Association (APA) 2020 Convention (Virtual).

Knabb, J., Vazquez, V., Pate, R., Edison-Riley, D., Slick, A., Smith, R., & Weber, S. (2020, March). *Christian meditation for trauma-based rumination: A four-week program* [Conference presentation]. Christian Association for Psychological Studies (CAPS) Annual Conference, Atlanta, GA.

Knabb, J. (2020, March). *Self-compassion as an intervention for self-criticism and shame-proneness: Theoretical foundations, empirical support, and Christian-sensitive intervention strategies* [Conference presentation]. Christian Association for Psychological Studies (CAPS) Annual Conference, Atlanta, GA.

Knabb, J., & Johnson, E. (2020, March). *Christian psychotherapy in context: Theoretical and empirical explorations in faith-based mental health* [Conference presentation]. Christian Association for Psychological Studies (CAPS) Annual Conference, Atlanta, GA.

Knabb, J., & Vazquez, V. (2019, October). *Christian meditation for repetitive negative thinking: Theory, research, and applications* [Conference presentation]. American Association of Christian Counselors (AACC) World Conference, Nashville, TN.

Knabb, J. (2019, August). A Christian-sensitive approach to examining spirituality, mental well-being, and communion with God. In K. Harris & C. Agaibi (Co-chairs), *Spirituality and well-being: Implications from and for religious and spiritual practices* [Symposium presentation]. American Psychological Association (APA) 2019 Convention, Chicago, IL.

Knabb, J. (2019, August). Communion with God in Christian psychotherapy. In E. Johnson (Chair), *Worldviews and human development* [Symposium presentation]. American Psychological Association (APA) 2019 Convention, Chicago, IL.

Knabb, J. (2019, July). *Faith-Based ACT* [Training]. Fort Hood Chaplain Family Life Training Center, Fort Hood, TX.

Knabb, J. (2019, June). *The role of compassion in combating shame-proneness: Theoretical foundations, empirical support, and Christian applications* [Seminar presentation]. Sandals Church, Riverside, CA.

Knabb, J. (2019, April). *Self-compassion for anxiety: Theoretical foundations, empirical support, and Christian applications* [Seminar presentation]. Christian Counseling Services (CCS), Redlands, CA.

Knabb, J., Vazquez, V., & Pate, R. (2019, March). *'Setting your mind on things above': Shifting from trauma-based ruminations to ruminating on God* [Conference presentation]. Christian Association for Psychological Studies (CAPS) Annual Conference, Irving, TX.

Knabb, J., Johnson, E., Bates, T., & Sisemore, T. (2018, March). *Christian psychotherapy in context: Theoretical and empirical explorations in faith-based mental health* [Conference presentation]. American Association of Christian Counselors (AACC) "The Struggle is Real" Conference, Riverside, CA.

Knabb, J. (2018, March). *Self-compassion for anxiety: Theoretical foundations, empirical support, and Christian applications* [Conference presentation]. American Association of Christian Counselors (AACC) "The Struggle is Real" Conference, Riverside, CA.

Knabb, J. (2018, March). Operationalizing and empirically validating the Christian meditative tradition. In T. Sisemore (Chair), *Christian psychology as an indigenous psychology* [Symposium presentation]. American Psychological Association (APA) Division 36 (Psychology of Religion and Spirituality) Annual Conference, Riverside, CA.

Knabb, J. (2017, October). *Contemplative prayer for Christians with stress and anxiety: Theoretical and empirical support* [Conference presentation]. American Association of Christian Counselors (AACC) World Conference, Nashville, TN.

Knabb, J. (2017, June). *Contemplative prayer for Christians with chronic worry* [Seminar presentation]. The Grove Corner Counseling Center, Riverside, CA.

Knabb, J. (2016, October). *Contemplative prayer as an alternative to mindfulness-based interventions for Christian clients: Current empirical support and future directions* [Seminar presentation]. Fuller Theological Seminary, Pasadena, CA.

Knabb, J. (2016, March). *Strengthening your marriage: Integrative strategies for relational success* [Seminar presentation]. Mothers of Preschoolers (MOPS) at the Grove Community Church, Riverside, CA.

Knabb, J. (2015, October). *Small groups: Dealing with difficult members* [Seminar presentation]. The Grove Community Church, Riverside, CA.

Knabb, J. (2015, June). *Acceptance and commitment therapy (ACT): Theoretical foundations, core processes, and case conceptualization* [Seminar presentation]. Philhaven Hospital, Mount Gretna, PA.

Knabb, J. (2015, June). *Faith-based acceptance and commitment therapy (ACT): Integrative foundations, core processes, and case conceptualization for working with Christian clients* [Seminar presentation]. Philhaven Hospital, Mount Gretna, PA.

- Knabb, J.** (2014, August). *An attachment-based understanding of community group relationships* [Seminar presentation]. The Grove Community Church, Riverside, CA.
- Knabb, J.** (2014, June). *Emotionally focused couples therapy* [Seminar presentation]. The Grove Counseling Center, Riverside, CA.
- Knabb, J.** (2013, August). *'Father, forgive them, for they know not what they do': Using the collaborative problem solving approach to teach lagging cognitive skills in higher education* [Seminar presentation]. Online and Professional Studies Division at California Baptist University, Riverside, CA.
- Knabb, J.** (2012, November). *An attachment-based understanding of community group relationships* [Seminar presentation]. Sandals Church, Riverside, CA.
- Knabb, J.** (2012, October). *The relationship between attachment to God, psychological functioning, and Internet use among adults at a Christian university* [Conference presentation]. Baylor University Annual Symposium for Faith and Culture: Technology of Human Flourishing, Waco, TX.
- Knabb, J.** (2012, July). *Grief and loss* [Seminar presentation]. Sandals Church, Riverside, CA.
- Knabb, J.** (2011, June). *Intersubjective systems theory* [Seminar presentation]. Philhaven Hospital, Mount Gretna, PA.
- Knabb, J.** (2011, May). *Utilizing daily mindfulness for mental health* [Seminar presentation]. Philhaven Hospital Medical Executive Committee, Mount Gretna, PA.
- Knabb, J.** (2011, April). *Assessing Old Order Amish with the MMPI-2 and MCMI-III* [Seminar presentation]. Mental Health America of Lancaster County, Lititz, PA.
- Knabb, J.** (2011, April). *Contemplative prayer as an alternative to Buddhist mindfulness in psychotherapy* [Seminar presentation]. Philhaven Hospital, Mount Gretna, PA.
- Knabb, J.** (2011, April). *Conducting original research: From design to publication* [Seminar presentation]. Evangelical Theological Seminary, Myerstown, PA.
- Knabb, J.** (2011, February). *Mindfulness-based cognitive therapy* [Seminar presentation]. Philhaven Hospital, Mount Gretna, PA.
- Knabb, J.** (2011, January). *The four skill domains of dialectical behavior therapy* [Seminar presentation]. Philhaven Hospital, Mount Gretna, PA.
- Knabb, J., & Reist Gibbel, M.** (2010, November). *Acceptance and commitment therapy: Theory and case conceptualization* [Seminar presentation]. Philhaven Hospital, Mount Gretna, PA.

Knabb, J., & Reist Gibbel, M. (2010, October). *Collaborative problem solving: An effective psychotherapeutic model for working with aggressive children and adolescents* [Seminar presentation]. Philhaven Hospital, Mount Gretna, PA.

Knabb, J., Welsh, R., & Graham-Howard, M. (2008, April). *Treatment alternatives for mentally disordered offenders: A literature review* [Poster presentation]. Western Psychological Association (WPA) Annual Meeting, Irvine, CA.

Knabb, J., Brokaw, D., Reimer, K., & Welsh, R. (2007, October). *Religiosity as a resiliency factor for adolescents of parental divorce* [Poster presentation]. Los Angeles County Psychological Association (LACPA) Annual Meeting, Los Angeles, CA.

SELECTED NON-PEER-REVIEWED ARTICLES

Knabb, J. (2020). Moving from stress to gratitude in the COVID-19 era by meditating on the Psalms. *Christian Counseling Today*, 24, 10-14.

Knabb, J. (2018). Returning to our biblical roots: Christian meditation as a psychological response to mind wandering. *CounselEd*, 1-6

OTHER WORK EXPERIENCE

2006-2009	Riverside Unified School District <i>Substitute Teacher</i>	Riverside, CA
1998-2005	Loma Linda University Health Care <i>Transplant Billing Coordinator/Team Leader</i>	Loma Linda, CA
	<ul style="list-style-type: none">▪ Substitute teacher for grades K-12▪ Assisted transplant patients with financial matters▪ Billed, reviewed, and audited high dollar package bill accounts▪ Acted as a liaison between insurance companies and specialty provider groups▪ Supervised and directed the work of employees and trained new employees	

AWARDS/HONORS

2013	Sandals Church <i>Strategic Award as Key Marriage Leader</i>
2011	Cambridge Who's Who <i>Who's Who Among Executives and Professionals in the Field of Research, Medicine, and Healthcare</i>
2011	Marquis Who's Who <i>Who's Who in America</i>
2010	Alpha Chi Honor Society <i>Alpha Chi National College Honor Society Member</i>
2010	Azusa Pacific University

- 2010 *Outstanding Contribution to Interdisciplinary and Integrative Studies*
Azusa Pacific University
- 2007 *Outstanding Clinical Competency*
Los Angeles County Psychological Association
Convention
- 2003 *3rd Prize for Best Poster Presentation*
Riverside Community College
Graduated with Distinction

PROFESSIONAL ORGANIZATIONS

- 2019-Present Christian Association for Psychological Studies (CAPS)
- 2018-Present Division 36 (Psychology of Religion and Spirituality) of the American Psychological Association (APA)
- 2014-2019 California Association of Marriage and Family Therapists (CAMFT)
- 2014-Present American Board of Professional Psychology (ABPP)
- 2014-Present American Academy of Clinical Psychology (AACP)
- 2006-Present American Psychological Association (APA)

SELECTED PROFESSIONAL SEMINARS/TRAININGS

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|------|--|-------------------|
| 2014 | International Centre for Excellence in Emotionally Focused Therapy
<i>Emotionally Focused Couples Therapy Core Skills Advanced Training</i>
▪ Trainer: Lisa Ruderman, LMFT | Irvine, CA |
| 2014 | International Centre for Excellence in Emotionally Focused Therapy
<i>Emotionally Focused Couples Therapy Externship</i>
▪ Trainer: Scott Woolley, PhD | San Diego, CA |
| 2012 | Institute for the Advancement of Human Behavior
<i>Acceptance and Commitment in Psychotherapy</i>
▪ Presenter: Steven Hayes, PhD | Newport Beach, CA |
| 2012 | American Psychological Association Annual Convention
<i>Evidence-Based Psychodynamic Therapy: A Clinician's Guide</i>
▪ Presenter: Jacques Barber, PhD | Orlando, FL |
| 2012 | American Psychological Association Annual Convention
<i>Strategies of Grief Therapy: A Meaning Reconstruction Approach</i> | Orlando, FL |

2010	<ul style="list-style-type: none"> ▪ Presenter: Robert Neimeyer, PhD Philhaven Hospital <i>Treating Complex Trauma</i>	Mount Gretna, PA
2010	<ul style="list-style-type: none"> ▪ Presenter: Christine Courtois, PhD National Naval Medical Center <i>Personality and its Implication for Psychotherapy</i>	Bethesda, MD
2010	<ul style="list-style-type: none"> ▪ Presenter: Nancy McWilliams, PhD PESI Seminars <i>Mindfulness-Based Cognitive Therapy</i>	King of Prussia, PA
2009	<ul style="list-style-type: none"> ▪ Presenter: David O'Connell, PhD J & K Seminars <i>Feeling Good Now</i>	Lancaster, PA
2008	<ul style="list-style-type: none"> ▪ Presenter: David Burns, MD University of Southern California <i>Trauma</i>	Los Angeles, CA
2008	<ul style="list-style-type: none"> ▪ Presenter: John Briere, PhD Alliant International University <i>An Introduction to the MMPI-2-RF</i>	Los Angeles, CA
2008	<ul style="list-style-type: none"> ▪ Presenter: Yossef Ben-Porath, PhD Azusa Pacific University <i>Collaborative Problem-Solving Therapy for Children</i>	Azusa, CA
2007	<ul style="list-style-type: none"> ▪ Presenter: J. Stuart Ablon, PhD Azusa Pacific University <i>Working with African-American Families</i>	Azusa, CA
2006	<ul style="list-style-type: none"> ▪ Presenter: Nancy Boyd-Franklin, PhD Azusa Pacific University <i>Forgiving and Marriage Enrichment</i>	Azusa, CA
2006	<ul style="list-style-type: none"> ▪ Presenter: Everett Worthington, PhD Azusa Pacific University <i>Treating Poor Families</i>	Azusa, CA
	<ul style="list-style-type: none"> ▪ Presenter: Harry Aponte, LCSW 	

REFERENCES

Jacqueline Gustafson, EdD
Dean, College of Behavioral and Social Sciences
California Baptist University
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