

**HOUSTON BAPTIST UNIVERSITY DEGREE PROGRAM PLAN  
BACHELOR OF SCIENCE (BS)  
KINESIOLOGY ALLIED HEALTH MAJOR**

NAME: \_\_\_\_\_ H# \_\_\_\_\_ DATE: \_\_\_\_\_

CATALOG YEAR: **2020/2021**

**Candidates for a single major undergraduate baccalaureate degree must complete a total of at least 125 credit hours along with the following requirements:**

- No fewer than 30 semester hours of upper / advanced level (3000 or 4000) courses.
- No more than 6 credit hours in Kinesiology activity courses or other student activity hours will count towards the 125 credit hour requirement.
- Complete the Liberal Arts Core Requirements (certain majors may have their own prescribed Liberal Arts Core Requirements--please see your advisor in your major.)
- Complete a minimum of 32 hours or 25% of the required hours, whichever is greater, of residency at HBU including at least 12 advanced credit hours in the major.
- Cumulative GPA of at least 2.50 with no grade below "C" in courses required for the major or proficiency.
- If completing a MINOR, at least 9 upper level hours of RESIDENCY at HBU included in the MINOR w/grade of C or higher in all courses.

**Once admitted and enrolled at HBU, each student MUST:**

- Receive prior approval for any courses taken at another college (once an undergraduate student has enrolled at HBU, no more than 18 semester hours total will be accepted for transfer credit.)
- File a degree plan with the Registrar's Office before 64 credit hours have been completed.
- File a graduation application at least one (1) semester before anticipated date of graduation.

**LIBERAL ARTS CORE REQUIREMENTS:**

“\*\*” Indicates course must be completed with a “C” or higher

| COURSES   | Hours | COURSES   | Hours |
|---|-------|---|-------|
| *ENGL 1313 Composition and Literature I             | 3     | *MATH 1313 College Algebra or <u>higher</u>               | 3     |
| *ENGL 1323 Composition and Literature II            | 3     | GOVT 2313 American and Texas Government                   | 3     |
| ENGL 2315 or 2325 Great Works of Literature I or II | 3     | HIST 2311 Western Civilization I                          | 3     |
| PSYC 1313 General Psychology                        | 3     | HISTORY: Choose 1 from HIST 2312, HIST 2313 or HIST 2323  | 3     |
| PHIL 1313 Introduction to Philosophy                | 3     | ART 2343 Art Appreciation or MUSI 1331 Music Appreciation | 3     |
| 4 hours lab science (BIOL 2414 required)            | 4     | COMM 1323 Rhetoric and Public Speaking                    | 3     |
| CHRI 1301 Introduction to the Bible                 | 3     |   |       |
| CHRI 2373 Christian Theology and Tradition          | 3     | TOTAL HOURS IN LIBERAL ARTS CORE                          | 43    |

**Students transferring to Houston Baptist University with 45 hours or more of transferable college credit are only required to take CHRI 3300, *Introduction to the Bible and Theology*, to meet their Smith College of Liberal Arts Christianity requirements.**

**MAJOR REQUIREMENTS:**

| COURSE NO.  | COURSE NAME   | HRS        |
|---|---|------------|
| KINE 1310   | Basic Health Assessment and Terminology   | 3          |
| KINE 2202   | Creating a Wellness Lifestyle   | 2          |
| KINE 2310   | Foundations of Kinesiology  | 3          |
| KINE 2334   | Tests & Measurements in Kinesiology   | 3          |
| KINE 2340   | Health Psychology   | 3          |
| KINE 3345   | Introduction to Physical Therapy  | 3          |
| KINE 3310   | Exercise Prescription   | 3          |
| KINE 3342   | Wellness for Special Populations  | 3          |
| KINE 3301   | Prevention and Treatment of Sports Injuries   | 3          |
| KINE 3393   | Physiology of Exercise  | 3          |
| KINE 3395   | Kinesiology: Applied Biomechanics   | 3          |
| KINE 3305 <u>or</u><br>KINE 4323 <u>or</u><br>KINE 3398 | Nutrition for Health <u>or</u><br>Motor Learning <u>or</u><br>Foundations of Health Instruction   | 3          |
| KINE 4341   | Kinesiology Internship  | 3          |
| KINE 4363 <u>or</u><br>SOC1 1313                        | Sport Sociology <u>or</u><br>Principles of Sociology  | 3          |
| KINE 4365   | Research Methods of Kinesiology   | 3          |
| KINE 4370   | Research in Kinesiology   | 3          |
| BIOL 2404   | Human Anatomy and Physiology I  | 4          |
| MATH 3304 <u>or</u><br>PSYC 2301                        | Introductory Statistics for the Life Sciences <u>or</u><br>Introductory Statistics for the Behavioral Sciences  | 3          |
|   | 28 hours of elective courses chosen from:<br>BIOL 2454 General Biology I<br>BIOL 2455 General Biology II<br>CHEM 2415 General Chemistry I<br>CHEM 2416 General Chemistry II<br>PHYS 1416 General Physics I<br>PHYS 1417 General Physics II<br>MATH 1323 Trigonometry<br>MATH 1434 Precalculus Mathematics<br>MATH 1451 Calculus I<br>BIOL 3414 Microbiology<br>BIOL 3301 Cellular and Molecular Biology<br>CHEM 3313 Organic Chemistry I<br>CHEM 3333 Organic Chemistry II<br>BCMB 4464 Immunology<br>BIOL 2214 Medical Terminology<br>BIOL 3444 Genetics<br>BIOL 3335 Nutrition and Metabolism<br>KINE 3305 Nutrition for Health<br>KINE 4323 Motor Learning<br>PSYC 2364 Abnormal Psychology<br>PSYC 3313 Human Growth and Development<br>PSYC 4353 Physiological Psychology<br>KINE 3360 Sport Administration<br>KINE 4363 Sport Sociology<br>SOC1 1313 Principles of Sociology<br>KINE 3365 Practical ECG Interpretation<br>KINE 3398 Foundations of Health | 28         |
| <b>Total Hours Major</b>                                |   | <b>54</b>  |
| <b>Elective Hours Required</b>                          |   | <b>28</b>  |
| <b>TOTAL HOURS IN DEGREE</b>                            |   | <b>125</b> |

**OTHER GRADUATION REQUIREMENTS**

